

Thank you for registering your child for Spring FUNdamentals soccer with Sporting Omaha FC.

The following information is to communicate upcoming events.

PROGRAM DATES:

The spring season will start April 11th.

FUNdamentals will play on the following dates: April 11, 18, 25, May 2, 16 & 23rd. (No play on Mother's Day, May 9th)

PROGRAM TIMES:

BOYS play each Sunday from 3-3:50pm

GIRLS play each Sunday from 4-4:50pm

INFORMATION:

Our FUNdamentals program will be a 6 week program that meets on Sundays at the Jewish Community Center (JCC). The location is on 132nd street, south of Dodge.

Sessions will follow the same format: Group Warm Up, Small Group Activities & 1v1 or Small Sided Games

Each week there will be a "topic" that we will focus on (ex. dribbling, passing, skill work, etc...). Our scrimmages vary in length based on the day's activities (between 10-20 minutes).

****Note****

(1) Sporting Omaha is now using **PLAYMETRICS** for all team communication and notifications. Please look for a Playmetrics invite to a team this spring.

(2) Once you accept the invite, include all contacts the coach would need to communicate with regarding your player. This includes parents, step-parents, grandparents, ect.

- (3) Add the free app to your phone
- (4) Under Accounts, you can customize your notifications for email & texts.

WEATHER/FIELD CONDITIONS:

All weather cancellations or adjustments will come through **Playmetrics** alerts. Please install the app on your phone and allow for push notifications under “Account”.

UNIFORMS:

The players will receive a t-shirt on their first day of FUNdamentals that should be worn each week. Shin guards are required and can be found at any local sporting goods store. They do sell shin guards built into soccer socks. Please have your player wear comfortable athletic shorts or pants. Either cleats or running shoes are fine.

Soccer balls of size 3 are appropriate for this age.

*Please make sure that when purchasing a soccer ball that it has a number 3 on it.

*Earrings are not able to be covered, they must be removed.

Thank you all for your support and we will see you soon.

Please contact me with your questions,

Christina Lewis, Youth Director
ChristinaL@SportingOmahaFC.com

402-896-4420